Acquired in a trade with the Winnipeg Jets this offseason, talented and physical defenseman Jacob Trouba then signed a seven-year deal with the Rangers that will keep him in New York through the 2025-26 season. A first round draft choice (ninth overall) of Winnipeg in 2012, Trouba skated in 408 NHL games over six seasons (2013-14 - 2018-19) with the Jets, registering 42 goals and 137 assists for 179 points, along with a plus-37 rating. He established career-highs in several categories last season, including games played (82), assists (42), and points (50).

**ONE TIMERS**

- Hockey nickname: Troubs
- Superpower he’d most like to have: Teleportation
- Actor that would play him in a movie: Bradley Cooper
- Favorite superhero: Superman
- First jersey ever bought: Henrik Zetterberg Detroit Red Wings
- On his bucket list: Go on a safari in Africa
- Game show he’d most like to compete on: Family Feud
- Movie: Billy Madison
- TV show: Suits
- Place to visit: Australia

**LOOSE PUCKS**

- He and his fiancee, Kelly, have a dog named Donnie. Kelly is currently studying to become a doctor
- Parents are John and Kristy. Both of his parents are former college athletes as his dad was a center in basketball and his mom played softball. Has two brothers, Tom and Chris
- Lists Nick Lidstrom as his hockey idol growing up
- Was an avid fan of all Detroit sports teams (Tigers, Lions, Pistons, Red Wings) as a kid
- Played baseball and hockey in high school
- Hobbies include golf and cooking
- His first job was working as a painter at age 17

**TROU-BLUE**

Trouba is 1 of 3 NHL players with 170+ hits and 125+ blocked shots (Nurse and McNabb).

He is 1 of 15 NHL players this season to average at least 2:25 of SH ice time and at least 1:45 of PP ice time per game.

Trouba ranks 8th among all NHL d-men in hits (173) and 14th in shots on goal (168).