

Smashville Adult Hockey League

(Updated 9/26/2018)

LEAGUE RULES & POLICIES



League Philosophy

The Nashville Predators operate best-in-class amateur ice facilities with a broad range of hockey and skating programs designed to serve all ages and abilities, focused on positive and challenging developmental programming to create a lifelong passion for hockey and skating.

League Format

Every team is guaranteed 13 games including playoffs. Playoffs will be a guaranteed two (2) rounds (3 rounds for D League) based on seeding from the regular season. Any exception or special circumstances must be approved by Adult League Coordinator or opposing team captain prior to the playoff game.

Game Format

- 60-minute games will consist of three, 12-minute stop-time periods plus a 3-minute warmup. (Players are not allowed to get on the ice prior to the Zamboni doors closing.)
- In the event of a six (6) goal differential in the 3rd period AND possibility of the game going over the 60-minute time allotment, running clock will be implemented for the duration of the game, or until the goal differential is less than six (6). Running time is up to the discretion of the losing team and scorekeepers/officials.
- If a regular season game ends in a tie, the teams will proceed with a conventional 3-man alternating shoot-out. Winner is the team with highest score out of 3 shooters. If game is still tied after the 3-man shoot-out, the game will end in a tie. Home team shoots first, players alternate shots. No player may shoot twice.
- Playoff Shoot-out. After each team has taken three shots and the score remains tied, the shoot-out will proceed to a "sudden death" format. The game cannot end until each team has taken the same number of shots. No player may shoot twice until every player who is eligible has shot.

Forfeit Policy

- Any forfeit from a team will result in a 0-5 loss in the standings column. Additionally, the opposing team scheduled to face the forfeiting team has 48 hours to declare a game later in the season that they would like to switch (with the team who forfeit against them) based on game start time or matchup. Please coordinate the preferred game time to Zach Jackson (zjackson@nashvillepredators.com).
- There will be a 3-strike policy for any games that are forfeited. 1st forfeit will serve as warning and the 2nd forfeit will take team out of playoffs. Any team that forfeits the 3rd time will lose their spot within the league and a team on the league waitlist will be offered that spot for the following season. No exceptions.

Equipment

- All players must wear helmet, gloves, skates, shin guards, elbow pads, and hockey pants at minimum. Players are strongly encouraged to wear Shoulder pads, but are not required.
- All teams **MUST** have matching jerseys (dark/light preferred). Jerseys MUST have matching colors and printed numbers clearly visible on every Jersey at minimum.
- Players with no number on jersey that are seen participating will result in a team forfeit. This may be reviewed retroactively and the box score changed after completion of the game.

Roster Structure, Approval, & League Placement

- Captains can have up to 20 skaters on a roster, **including** full-time players, subs and goalies.
- **Every team must have at least 11 full time registered players. If rosters do not meet the number requirement, the league officials have the right to add players from the free agent list until that number is met.**
- Prior to each game captains are **required** to pick up their approved roster at the Ford Ice Center front desk and indicate players skating that night **with updated jersey numbers**, then bring the roster to the scorekeeper. The scorekeeper will verify the eligibility of each player. **Any team with an ineligible player will result in an automatic forfeit.** (For parity, the league has the right to retroactively review this and change box scores on a case by case basis.)
- Rostered subs must pay the required \$20 sub fee prior to the start of the game. If unpaid, scorekeeper will ask the sub to leave the ice immediately. *(For parity see the Sub Policy section)*

The Adult League staff reserves the right to place individual players and teams in appropriate skill division. Staff will make recommendations to team captains regarding roster adjustments (for competitive balance) and will allow ample time to determine what adjustments the team will make. Ford Ice Center also reserves the right to NOT alter pre-existing leagues if believed that the team or player in question is within reasonable means of participating in that league. The League coordinator will have final confirmation of whether or not a player is eligible for a certain league.

Sub Policy

- Teams may use any **Rostered** Sub free of charge on games starting on or after 10:30PM. Unrostered subs must be approved by the opposing team's captain.
- Players subbing must pay the \$20 sub fee for each game they play in and bring their receipt of purchase to the scorekeeper **with their teams name, and their first and last name (legibly printed)** before the start of the game. Any sub who does not provide their receipt will not be allowed to play and will be asked to leave the ice.
- All substitute players that are eligible to play during the 13 game season must be on their respective team's roster from the beginning of the season.
- If a team plays with a substitute player who is not on the approved roster or who does not have updated USA hockey #, that team will receive a forfeit for that game. **Any exception or special consideration to this rule must be approved by Adult League Coordinator and the opposing teams captain prior to the game.**

Playoff Sub Rule

- During playoffs, substitute players will NOT be eligible to play on playoff contending teams. If your team is competing in the consolation bracket, you will be allowed to use subs that are on your roster (regular season Sub rules apply). The exception to this rule is: Both Captains must agree upon subs and communicate this to Adult League coordinator.
- Goalies will be allowed to sub for teams in the division in which they currently play. If a goalie plays in multiple divisions (i.e. Lower C league and D league) they will only be allowed to sub in the lower of the two leagues.

The Ringer Rule

- 3 goal maximum – **This rule is for D, C, and Over 40 leagues only.** If a player scores more than three goals, the 4th goal will be disallowed and play will resume as normal with a faceoff at center ice. (This rule extends to substitute players and full time players)

Penalties, Misconducts, Suspensions & Forfeits

The Ford Ice Center Adult League is USA Hockey sanctioned and follows all USA Hockey rules and procedures, as well as, the following:

- Body checking is NOT allowed. Slap shots are allowed (must be below the knee for D & 40+ divisions).
- Any player committing three (3) penalties in one (1) game will be removed from the game, but are eligible to play in the next game. *Note: A 2 and 10 penalty counts as 2 penalties.*
- Any player receiving a game misconduct is ejected from the game and must also miss at least one additional game. Pending review, that player may face additional discipline depending on the severity of the incident as determined by Adult League staff.
- Ford Ice Center enforces a ***zero tolerance policy for abuse of officials and scorekeepers***. Abuse includes verbal, physical, or other. Abuse of officials will result in an immediate and indefinite suspension, pending a review.
- If an official deems body contact/checking to be intentional with less than 5 minutes left in the game, player will automatically be ejected and a game misconduct will be assessed.
- Any team with a player on the roster (including substitute and full time players) that receives a suspension or an additional game(s) due to a misconduct penalty, will be ineligible to compete in the playoffs. This includes Match Penalties, Fighting Misconducts, etc. This does NOT include a game ejection or misconduct due to 3 penalties or more.

Fighting

There is a ZERO tolerance rule for fighting. If any player fights, (punch/punches thrown with gloves on or off) no matter if they started it or not, that player will be suspended for the remainder of the season. Additional time may be applied pending the Official's game report and review from the Ford Ice Center Hockey Department.

Alcohol Policy

Beer may be purchased from the Ford Ice Center concession stand, but no "outside" beer may be consumed while inside the rink. Beer is prohibited on the bench during games.

Beer cards for a complimentary pitcher of beer per team after each game can be redeemed at the Front Desk and used at the Ford Ice Center concessions.

Locker Room Policy

It is strongly recommended that you do not leave valuables in the locker rooms. Ford Ice Center is not responsible for any lost or stolen items. In consideration for all participants in our co-ed league, women are asked to utilize the women's locker room.

Ford Ice Center reserves the right to change or cancel a game within 24 hours for any reason. These changes will be communicated to all teams and leagues with as much notice as possible.

Refund Policy

If a player has a season ending injury within the first seven (7) games of the season, the rink will provide a credit to the account of that player. A fee of \$20 will be subtracted from that credit for how many games that player had played. If an injury occurs after seven games, no credit will be issued. Any requests will be handled on a case by case basis by rink management.