Parents are Sheldon and Krystal. Has two sisters, Danaka and Jayda. His older brother, Quinton, was a first round draft choice of the Florida Panthers in 2010 and has played in 97 career NHL games with the Panthers and the Winnipeg Jets. He spent the last two seasons skating for HC Dinamo Minsk in the KHL. Owns three dogs: Marley, Oliver and Baxter. His first job as a maintenance worker on a golf course at age 12. Enjoys playing tennis.

Nicknames: Howdy, Howds
Greatest passion besides hockey: Golf
What he'd be doing if not playing hockey: Sports agent
Superpower he'd most like to have: Ability to fly
Hidden talent: Self-taught guitar
Person he'd trade places with for a day: Justin Timberlake
Actor that would play him in a movie: Justin Timberlake
Favorite superhero: Batman
Favorite superheroe: Batman
First jersey ever bought: Jarome Iginla - Calgary Flames
On his bucket list: Skydiving
Most listened to artist: Justin Bieber
Meal: Steak and lobster
Book: "Mind Gym"
Movie: Never Back Down
TV show: Friends
Place to visit: Falcon Lake
Animal his teammates would compare him to: Monkey
Funniest Ranger: Tony DeAngelo
NYC restaurant: Marc Forgione
Game show he'd most like to compete on: Family Feud

ONE TIMERS

LOOSE PUCKS

Howden ranks t-9th among all NHL forwards in 2019-20 with 35 blocked shots.

The Rangers have posted a 7-0-0 record in 2019-20 when Howden tallies a point.