A third round draft choice of the Rangers in 2016, Sean Day is currently skating with the Hartford Wolf Pack in the AHL. Day spent the majority of the 2018-19 campaign with Hartford, as he appeared in 46 games and tallied 14 points (3 goals, 11 assists). Day split the 2017-18 season between the Kingston Frontenacs and Windsor Spitfires of the OHL and registered career highs in points (47) and assists (42). Born in Belgium, Day spent part of his youth in Singapore before moving to Detroit, Michigan. He became the fourth player in history to be granted “exceptional player status” and enter major junior hockey at age 15, joining John Tavares (2005), Aaron Ekblad (2011) and Connor McDavid (2012).

**ONE TIMERS**

- **Talent he'd most like to have:** Be able to play the guitar like Zac Brown
- **Person he'd trade places with for a day:** Drew Doughty
- **Actor that would play him in a movie:** Will Ferrell
- **Favorite superhero:** Thor
- **First jersey:** Pavel Datsyuk signed white Red Wings jersey
- **On his bucket list:** Go deep sea diving and skydiving
- **Hobbies:** Fishing, boating, playing cornhole
- **Nickname:** Dayzy
- **Guilty pleasure:** A rib eye steak from a restaurant called “The Keg”
- **Meal:** Chicken enchiladas made by Max Jones' mom
- **Movie:** Step Brothers
- **TV show:** Supernatural
- **Place to visit:** My house in Traverse City
- **Animal his teammates would compare him to:** Dog
- **Athlete in another sport he'd like to practice with:** LeBron James

**LOOSE PUCKS**

- Parents are Keith and Carol. Keith is retired but was the VP of a global chemical company. Has three brothers: Scott, Graham and Spencer
- Owns a husky named Leo and his family has a golden lab named Emmy. Also has a cat named Mini-me
- Grew up a huge fan of Sidney Crosby and Drew Doughty