POSTGAME NOTES & QUOTES
COLORADO AVALANCHE 7, ST. LOUIS BLUES 3
JANUARY 2, 2020

First Star
Nathan MacKinnon (1g, 3a)

Second Star
Samuel Girard (4a)

Third Star
Nazem Kadri (2g)

TEAM STATISTICS

**Avalanche**
- Shots: 42
- Power Play: 3-5
- Penalty Kill: 2-3
- Faceoffs: 61%

**St. Louis**
- Shots: 27
- Power Play: 1-3
- Penalty Kill: 2-5
- Faceoffs: 39%

**Avalanche Schedule**
Thursday, Jan. 3
Team flight to New Jersey

TEAM NOTES

The Avalanche picked up its 24th win of the season and now have 52 points in the 2019-20 campaign, matching their sixth-most points and third-most wins at the midway point of the season.

**Most Points**
- 59 2000-01 (26-8-7-0)
- 56 2013-14 (26-11-4)
- 55 1996-97 (24-10-7)
- 54 1997-98 (21-8-12)
- 53 2003-04 (22-10-7-2)
- 52 2009-10 (23-12-6)
- **52 2019-20 (24-13-4)**

**Most Wins**
- 26 2000-01
- 26 2013-14
- 24 1996-97
- **24 2019-20**

Tonight marked the fourth time this season that Colorado has scored seven or more goals in a game, tied with the Tampa Bay Lightning for the second most games with 7+ goals for. Only the Pittsburgh Penguins have scored 7+ goals in more games (5) this season.

The Avs finished with 42 shots on goal, the fourth straight game Colorado has put up 40+ shots. It’s the first time in franchise history that the Avs have recorded 40 or more shots in four-straight contests. They previously did it in three consecutive games on two occasions: Jan. 28-Feb.2, 2006 and Jan. 31-Feb. 3, 1996.

The Avs finished 3-for-5 on the power play, the second straight game they have tallied multiple goals with the man advantage and the first time since Jan. 4, 2019 vs. NY Rangers that they have scored three power-play goals. Colorado is 5-for-9 (55.6%) on the power play in its last two outings and 7-for-20 (35.0%) over its last five contests.

Colorado’s 22 shots in the second period is a season high for shots in a period and its most in a single frame since Dec. 31, 2017 vs. NY Islanders (23 shots, 2nd period).
INDIVIDUAL NOTES
Cale Makar finished with two points (1g/1a) and now has 31 points this season, surpassing Pierre Lacroix (30 points) for fourth place in franchise history in points by a rookie defenseman. Makar’s 31 points are second most by a first-year blueliner since the team moved to Denver, two shy of John-Michael Liles’ record of 34 during the 2003-04 season. His second-period goal was his ninth of the season, matching Lacroix for second place in franchise history in goals by a rookie defenseman and one marker away from equaling John-Michael Liles’ franchise record of 10 goals.

Makar is the first defenseman to record his first 30 career regular-season points in 33 games or fewer since Detroit’s Nicklas Lidstrom in 1991-92 (33 GP).

Nathan MacKinnon recorded four points (1g/3a), the fourth time this season he has tallied four or more points in a contest. He surpassed the 60-point mark for the fourth time in his career. Only Joe Sakic (10 times), Peter Forsberg (6), Milan Hejduk (5), Paul Stastny (4) and Alex Tanguay (4) have reached the 60-point mark in four or more campaigns.

Joonas Donskoi tallied his 14th goal of the season to equal his career high he’s reached in each of the last two seasons.

Samuel Girard notched four points (4a), setting a new single-game career high in both assists and points. He has six points (0g/6a) in his last two contests.

Nazem Kadri has recorded two straight multi-point games and has four points (3g/1a) in his last two outings. He has three multi-goal performances this season, tied for the most on the team (Nathan MacKinnon, Andre Burakovsky, Matt Calvert).

QUOTES
Colorado C Nathan MacKinnon
On Tonight's Game: “Something just kind of felt different tonight, like when they tied it up or they made it 3-2 or whatever it was, there was no panic. I think Cale (Colorado D Cale Makar) had a big goal with 10 seconds left in the second and that kind of iced it. So, no panic, I think that’s what we found. We needed some maturity from everybody and we had that tonight.”

On The Power Play’s Success: “Aggressive mentality and obviously it’s been a struggle, but we finally broke out and some guys made some really good plays.”

Colorado D Cale Makar
On Avs’ Performance: “Everybody played unreal tonight. You know, (Colorado C Tyson) Jost, (Colorado D Samuel) Girard, both guys are deep guys that we need to play well and everybody else who chipped in tonight and that’s what we needed, to win against a championship team.”

On His Goal: “Unreal screen by Mikko (Colorado RW Mikko Rantanen) in front of the net and I was able to just put it through the guy who was in front of me and luckily it went in.”
Colorado D Samuel Girard
On The Avs’ Offense: “I think we [shot the puck] more. Like what, we had like 40 shots [tonight]? We’re going to have to keep shooting like we did and I think we’re going to create chances from there, like we had a lot of rebounds [tonight]. We’re going to have to keep shooting.”

On Gaining Momentum From Colorado D Cale Makar’s Goal: “For sure, that’s huge. Instead of being 3-2, it’s 4-2. The power play did a great job tonight. Like I said, we’re going to have to keep going like we did [tonight] for our next game and for the rest of the season.”

St. Louis C Ryan O’Reilly
On Tonight’s Game: “Obviously it wasn’t a great game by us. We just kind of deviated from our normal structure and got to playing their kind of game, and obviously it killed us. We gave them way too much off the rush and we didn’t play our normal heavy game. We didn’t have enough O-zone time, just those little things that we didn’t do tonight, but we have to adjust. I’m looking forward to playing these guys again. I know that wasn’t our best, and myself can find a way to spark a little more. There were times we made a push, but we just didn’t maintain like we needed to. We have to adjust, we have to respond. Yeah, it wasn’t good enough tonight.”

On The Team’s Performance: “I think we were on our heels a bit, watching a bit too much and getting a little nervous when they got the puck, instead of our normal fight to slow them down a bit and take care of the puck as well. It’s just something we have to do better, especially against that team because they just thrive off those turnovers. It’s an adjustment. I know this group, we’re a better team than that, and we’ll respond.”

St. Louis D Alex Pietrangelo
On Defensive Breakdowns: “I think when we play this team, we usually play them well when we play them really tight. I just think we gave them too many chances. A team that skilled, you give them chances, breakaways, 2-on-1s, 3-on-2s, they’re going to find a way to score. We just gave them too many.”

On Penalties: “We took too many. Some of them were just unlucky, some of them just things don’t go the right way. But you have to find a way. A team like this thrives on penalties, so it’s just a matter of us trying to keep it 5-on-5.”