



COLORADO AVALANCHE UPDATE

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AVALANCHE NOTES

OPENING STRONG: The Avalanche/Nordiques franchise is 23-10-7 (.663) all-time on Opening Night, the second-best record in the NHL behind the Tampa Bay Lightning (18-7-2, .704). The Avs are 16-5-3 (.729) in home openers since moving to Denver, which includes a 14-4-2 (.750) record at Pepsi Center. Only the Minnesota Wild (13-1-4, .833) has a higher points percentage in home openers.

HOME COOKING: The Avs have won eight straight regular-season games at Pepsi Center going back to the 2018-19 campaign. Colorado is 13-2-1 in its last 16 regular-season home outings. Including the postseason, the Avalanche is 12-1 in its last 13 contests at Pepsi Center and 17-3-1 in its last 21.

CLIMBING THE CHARTS: Gabriel Landeskog notched the 178th goal of his career last Saturday night against Minnesota, tying him with Matt Duchene for seventh place in franchise history. Nathan MacKinnon tallied two assists to tie Duchene (250) for 10th place on the franchise's all-time assists list.

"I think every game is so important when you are young trying to stay in that lineup, becoming an NHLer for good. I think after you have solidified your role and you have been in the NHL for two or three years, it is about not getting comfortable. It doesn't get easier every day, and that is the best part about it. We got the best hockey players in the world in this league, and you got to battle every day. It has been a battle for me for 500 games and I hope I have a lot more battle in me."

— Avalanche left wing Matt Calvert on playing his 500th NHL game last Saturday night against Minnesota

UPCOMING GAMES



Thursday, Oct. 10 vs. Boston Bruins
Pepsi Center, 7 p.m. MT, TV: Altitude, Radio: 92.5 FM

The Avalanche and the Bruins meet for the first of two contests this season and Boston's only trip to Pepsi Center. The Avs were 1-0-1 against the Bruins last season and are 4-0-1 in their last five matchups against Boston. Colorado will travel to TD Garden to close out the series on Dec. 7.



Saturday, Oct. 12 vs. Arizona Coyotes
Pepsi Center, 7 p.m. MT, TV: Altitude, Radio: 92.5 FM

Colorado hosts Arizona for the first of three games between the teams in 2019-20 and the first of two that will be played at Pepsi Center. The Avs finished 2-1-0 against the Coyotes last season and is 6-0-1 in their last seven games and 13-5-2 over their last 20 of the series.

UPCOMING SCHEDULE

Day	Date	Location	Time
Tuesday	Oct. 8	No practice	
Wednesday	Oct. 9	Practice at Family Sports	11 a.m.
Thursday	Oct. 10	Morning skate at Pepsi Center Outdoor Game Press Conference	10:30 a.m. 11:30 a.m.
		Game #3 vs. Boston Bruins	7 p.m.
Friday	Oct. 11	Practice at Family Sports	12 p.m.
Saturday	Oct. 12	Morning skate at Pepsi Center Game #4 vs. Arizona Coyotes	10:30 a.m. 7 p.m.

*All practice dates/times are subject to change, all times mountain

CENTRAL DIVISION STANDINGS

TEAM	GP	W	L	OT	PTS
St. Louis Blues	3	2	0	1	5
Colorado Avalanche	2	2	0	0	4
Nashville Predators	2	1	1	0	2
Winnipeg Jets	3	1	2	0	2
Chicago Blackhawks	1	0	1	0	0
Minnesota Wild	2	0	2	0	0
Dallas Stars	3	0	3	0	0

AVALANCHE LEADERS

Category	Player	No.
Goals	Mikko Rantanen	3
Assists	Nathan MacKinnon	3
Points	Mikko Rantanen	4
Power-Play Goals	Mikko Rantanen	2
Penalty Minutes	Nikita Zadorov	9
Time on Ice/Game	Erik Johnson	22:50
Game-Winning Goals	Gabriel Landeskog	1
	Mikko Rantanen	1
Goals-Against Average	Philipp Grubauer	2.50
Save Percentage	Philipp Grubauer	.918

PLAYER SPOTLIGHT

Cale Makar

Position: Defense
Height: 5'11"
Weight: 187 lbs.
Shoots: Right
Born: October 30, 1998
Birthplace: Calgary, Alberta



Makar made his regular-season NHL debut in Colorado's opener on Oct. 3 vs. Calgary and has registered a point in each of the Avs' first two games of the 2019-20 campaign. He's the first Avalanche rookie defenseman to tally a point in his first two appearances since Stefan Elliott did it in three straight games from Nov. 26-30, 2011 (2g, 1a). Makar's two points this season puts him in a tie for fourth among all rookies in scoring and tied for first among first-year blueliners.