



POSTGAME NOTES & QUOTES

COLORADO AVALANCHE 7, WINNIPEG JETS 1

FEBRUARY 20, 2019

First Star

Carl Soderberg (1g, 2a)

Second Star

Tyson Jost (1g, 2a)

Third Star

Nathan MacKinnon (1g)

TEAM STATS

Avalanche

Shots: 46

Power Play: 1-6

Penalty Kill: 3-4

Faceoffs: 56%

Winnipeg

Shots: 27

Power Play: 1-4

Penalty Kill: 5-6

Faceoffs: 44%

Avalanche Schedule

Thursday
Feb. 21, 2019 — 10 a.m.
Optional practice at
Family Sports

TEAM NOTES

The Avalanche matched a season high with seven goals (2x - last: Jan. 19 vs. Los Angeles). It's also the 11th game this season that Colorado has scored six or more goals, tied with the Calgary Flames for the second-most such efforts this season (Tampa Bay, 15).

Nathan MacKinnon and Matt Calvert's third-period goals, scored 11 seconds apart, are the fastest two goals scored by the Avalanche this season and two seconds shy of the franchise record (nine seconds, four times - last: April 7, 2015 vs. Nashville).

The Avalanche has now won three of its last four contests and has gained points in five of its last eight outings. Colorado is 2-2-0 against the Jets this season with one game remaining between the clubs, on April 4 in Denver.

The Avalanche scored five or more goals in the 3rd period for just the 3rd time since the franchise relocated to Denver in 1995-96; Avs scored six times in the 3rd on March 3, 1999 at Florida and five goals in the final frame on Oct. 19, 1996 vs. Vancouver.

INDIVIDUAL NOTES

Nathan MacKinnon registered his 30th goal of the season, marking the first time the Avalanche has had two 30-goal scorers since 2006-07, when Joe Sakic (36) and Milan Hejduk (35) accomplished the feat. Chicago, Edmonton and Tampa Bay are the only other teams with two 30-goal scorers this season.

This marks the ninth season in franchise history that the Avalanche/Nordiques have had multiple 30-goal scorers within their first 60 games. The only other such season since the club relocated to Colorado was 2000-01 (Joe Sakic and Milan Hejduk).

MacKinnon is the first player to score 30+ goals in back-to-back seasons since Joe Sakic scored 30 or more in three straight campaigns from 2003-04 to 2006-07.



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Gabriel Landeskog notched an assist and now has 60 points this season, the third Avalanche player to reach the 60-point threshold in 2018-19. Colorado is one of five teams to have three players register 60+ points in 2018-19 (Tampa Bay, Chicago, Calgary, Pittsburgh). Landeskog now has five points (4g, 1a) in four games against the Jets this season.

Tyson Jost finished with a career-high three points (1g, 2a), the sixth multi-point outing of his career. He now has points in consecutive games for the first time since Nov. 27-28 and goals in consecutive games for the first time since March 30 - April 1, 2018 (3g).

Matt Nieto notched an assist and has four points (0g, 4a) over his last four outings. His five assists in the month of February leads the Avalanche, and he's tied with Erik Johnson, Gabriel Landeskog and Nathan MacKinnon for the team lead in points this month (5).

Matt Calvert scored a goal and now has goals in consecutive games for the first time since Dec. 14-15. His 10 goals this season are his most since the 2017-17 campaign with Columbus (also 10).

A.J. Greer scored his first NHL goal, the sixth Avalanche player this season to record his first NHL marker (Andrew Agozzino on Feb. 18 vs. Vegas; Dominic Toninato on Feb. 14 at Winnipeg; Sheldon Dries, Vladislav Kamenev on Nov. 1 at Calgary; Ryan Graves on Jan. 4 vs. New York Rangers). It's the most players the Avs have had tally their first NHL goal in a season since the 2010-11 campaign (seven). Colorado has had a player register his first NHL goal in two straight contests and in three of its last four.

Carl Soderberg registered three points (1g, 2a), matching his career high (7x - last: Feb. 9 at New York Islanders). He also had a career-high +4 plus/minus rating.

Samuel Girard also finished with a +4 plus/minus rating, a new career high.

QUOTES

Colorado C Tyson Jost

On The Win: "Definitely nice to be back in the win column. Putting up wins right now and getting more consistency, I mean that feels better than any individual for right now. I mean we're putting wins together so we've got to keep that rolling."

On The Playoff Race: "We stressed that before the game, we knew what position we were in going into this game and obviously, it's a division-rivalry feel against Winnipeg, they're a good team and I thought we played an awesome game. So that's two games in a row now against a good, fast, strong, skilled team in Winnipeg and I thought we showed really well obviously, so we've got to keep that momentum rolling here."

Colorado LW Gabriel Landeskog

On Tonight's Game: "It was fun. It's two big points, whether you win 7-1 or 1-0 I mean, it's two points



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and we need all the ones we can get right now. We talked about before the game, following up our last game here at home against Vegas and making sure that we followed up with another one and I thought we had a really strong performance from everybody tonight.”

On Colorado G Semyon Varlamov: “He’s really seeing the puck well right now and really moving and real solid back there. Like we talked about after last game, he really gives us that confidence and us seeing him stop the puck the way he is gives us a lot of confidence. I also think the way we’re buying in defensively right now, guys checking hard in the D zone and things like that. That’s helping out.”

Colorado C Nathan MacKinnon

On The Last Few Months: “We’re really excited. It’s been really hard, we’ve had some tough days and we’re not out of it by any means, but getting back-to-back wins; we got lots of points. On the road trip, we lost three games in overtime. We’re feeling better, we feel like our game is improving, and back-to-back wins for the first time in a few months, so it’s been a long time coming and hopefully we can get rolling here.”

On The Power Play: “We had a good night, I thought. We were snapping it pretty good, I think we scored another one when it was expiring, Josty’s (Colorado C Tyson Jost), I don’t know if that counted, but we’ve had a few of those lately, but it’s been better. We mixed up the units, we finally put them back together near the end of the game and it felt good.”

Winnipeg RW Blake Wheeler

On Tonight’s Game: “It looked like we kind of gave up, so that’s disappointing. Even the years we didn’t make the playoffs, we had teams that competed, that never gave up even when we were out of the playoffs and there was nothing to play for. We had a group that played hard. We didn’t do that tonight. We left our goalie out to dry again and that is a reflection of leadership. It is a good time for an awakening and I think our team needs it.”

On Moving Forward: “What gets said in here, good or bad, is our business. Clearly that’s not what we are looking for. We can learn from that. I’m going to be looking in the mirror trying to figure out what I’ve been doing. I haven’t been doing enough, playing well enough to get this group motivated enough to compete at this level. That’s a reflection of leadership right there.”

Winnipeg C Adam Lowry

On Tonight’s Game: “I’m surprised. We knew they would be hungry, they are fighting for a playoff spot. I guess we are fat and comfortable with where we are at because the effort wasn’t there top to bottom.”

On Moving Forward: “We have to watch this game and kind of look at where our game needs to improve. There are a lot of areas. Our penalty kill needs to get better, our pace, our compete. We got to start moving our feet again. There’s so many areas of our game that we have kind of just let go. When we are a slow team we are easy to play against and scores are going to be like this.”